

PRAYER and
STUDY GUIDE

*The Power of
Praying[®]
for Your Adult
Children*



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OMARTIAN

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**THE POWER OF PRAYING® FOR YOUR ADULT CHILDREN
PRAYER AND STUDY GUIDE**

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A supplemental workbook to
The Power of Praying for Your Adult Children
by Stormie Omartian
for anyone interested in
practical group or individual study.



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HOW DO I BEGIN?



I'm sure you already know that as a parent you never stop being concerned about your adult children. And I am also sure that this is exactly why you are reading this book—because you want to pray for your adult children powerfully enough to make a big difference in their lives. Well, the best way I know to do that is to deepen your own relationship with the Lord so you can enjoy greater power in your prayers. In order for that to happen, you need to study the Word of God, which will strengthen you, help you grow in faith, and give you a better understanding of who God is and what He wants to do in your adult children's lives as well as your own. I don't mean that you will necessarily know all the details of their lives and everything they are dealing with, but you *will* have greater insight from God's perspective as to how to pray effectively for them. Also, I want to help you make a habit of fortifying your prayers with Scripture, because this is a powerfully effective and excellent tool. This PRAYER AND STUDY GUIDE will help you to do all of the things I have mentioned above as you respond to every question or direction in each chapter. In the process you will also find the peace of mind God has for you, which you must have no matter what you or your adult children are facing.

What You Will Need

This PRAYER AND STUDY GUIDE is divided into a 14-week plan for use in personal or group study. You will need to have my book, THE POWER OF PRAYING FOR YOUR ADULT CHILDREN to read along with this. The answers to many questions will be found in it. You will also need a Bible. I have referred to the New King James Version here, but you can use whatever translation you want. Just make sure the Bible you use is easy for you to understand.

How to Proceed

In group study, it is good to follow the order of this book so that everyone will literally be on the same page when you come together each week. In individual study, you do not have to proceed in order if you have pressing concerns that need to be prayed about immediately. However, whether you are in a group or reading this PRAYER AND STUDY GUIDE by yourself, go through the first four weeks in order before you do any of the others. The reason for this is that they are the foundation for all of the other chapters, and everything will progress more smoothly if these four areas are covered in prayer first. You will see what I mean when you get into it.

In a Group

When studying in a group, read the assigned chapter for the

week in THE POWER OF PRAYING FOR YOUR ADULT CHILDREN and answer the questions in the corresponding chapter here in the PRAYER AND STUDY GUIDE on your own. When the group comes together, the leader will go over the questions and discuss what insights God has given each person as he or she feels led to share them. This will be a perfect time to pray as a group for your adult children. Group intercession is very powerful, so don't pass up the opportunity to do so. You don't have to share in detail about your child because, as an adult, he or she deserves privacy. But if there is a serious situation, I wouldn't hesitate to share whatever is necessary in order to tap into the power of group prayer, especially if it will rescue your son or daughter from dire consequences. Ask God to give you wisdom about that.

All that being said, each of these chapters are about preventative prayer as well as restorative prayer. Your child doesn't have to have a problem in any of these areas in order to pray that he or she will not have one in the future. Every area of prayer focus mentioned in this book applies to anyone, and the prayers at the end of each chapter can be prayed over any adult child at any age.

The answering of each question that is of a personal nature is private and for your eyes only. The purpose of these questions is to help you determine your prayer focus and to better understand your own feelings about that subject as it relates to your adult children. Don't feel you must share the answers to these questions with the group unless you feel specifically led to do so for the purpose of group prayer or to help someone else better understand how to pray. The answers

to the Bible-based questions are always good to share with one another—especially with regard to how those Scriptures enriched, enlightened, or fortified you, and how they influenced your prayers.

Your Role as an Intercessor for Your Adult Child

An intercessor prays for someone and makes it possible for that person to have a greater ability to respond to God. When you pray for your adult child, that makes you an intercessor for his or her life. It doesn't give *you* power *over* them, but it invites *God* to show His power *toward* them. No one else will ever intercede for your adult children with the fervency and consistency that you will. That's why your prayers of faith will have the power to affect their lives. And your knowledge of the Word of God that you will gain in this study and include in your prayers will help you to pray in greater faith so you can see amazing results. This prayer and Bible study is a wonderful opportunity to affect the lives of your adult children for eternity, as well as here and now.

WEEK ONE



Read the Introduction: “What Every Parent of an Adult Child Needs to Know” in **THE POWER OF PRAYING FOR YOUR ADULT CHILDREN**

Also read Chapter 1: “Pray That Your Adult Children Will See God Pour Out His Spirit upon Them.” (This is the longest reading assignment in the **PRAYER AND STUDY GUIDE**, but it is important to establish a strong foundation for both you and your adult children in the beginning.)

1. Of the **SEVEN THINGS EVERY PARENT OF AN ADULT CHILD NEEDS TO KNOW** (found on pages 5-30 in **THE POWER OF PRAYING FOR YOUR ADULT CHILDREN**, from here on known as “the book”), were there any that you especially needed to hear? Perhaps you suspected some of them, but you didn’t know for certain. Or you knew these things all along, but it helped you to hear it from someone else as well. Or perhaps you have never realized any of this before. It’s important to come to terms with each of these truths, so explain your reaction to each one

below.

Truth 1—You Need to Know It Never Ends: Do you believe that being a parent of an adult child never ends and that you always have a responsibility to pray for him or her? How do you feel about that challenge? (See pages 7-9.) Explain.

Truth 2—You Need to Know You Can't Fix Them: Do you believe that you can't "fix" your adult children? How do you feel about that? Does knowing this free you from feeling that you must try to do something to change them? (See pages 9-11.) Explain.

Truth 3—You Need to Know God Can Change Everything: Do

you believe that God can change things in your adult child's life in response to prayer? Do you believe without a doubt that God will hear your prayers for your adult children and will deliver you from any fear you have concerning them? Do you believe that God is greater than your adult child's needs and that your prayers have power? (See pages 11-15.) Explain.

Truth 4—You Need to Know You Must Stop Blaming Yourself:

Do you believe that you must stop blaming yourself for anything that has gone wrong in your adult child's life? Are there ways in which you blame yourself for things that have happened—or have *not* happened—to any one of your adult children? (See pages 15-19.) Explain.

Truth 5—You Need to Know You Have to Forgive: Do you believe that you must forgive your adult children for anything they may have done to hurt or disappoint you? Do you believe it is important to forgive your adult child's other parent(s), as well as forgive anyone who has hurt your adult child? Do you believe you need to forgive yourself for any way in which you feel you could have been a better parent? Are any of these a challenge for you right now? (See pages 19-25.) Explain.

Truth 6—You Need to Know There Is Only One Perfect Parent: Do you believe that there has only been one perfect parent and that it is our Father God? Do you find it easy or difficult to relate to God as your heavenly Father? (See pages 25-27.) Explain.

Truth 7—You Need to Know You Can Wholeheartedly Say, “For This Child I Prayed”: Do you believe that you have thoroughly covered your adult children in prayer in the past? If so, how have you seen answers to your prayers? If not, write out a prayer asking God to help you learn to pray in power for them from now on. (See pages 27-30.)

2. Have you ever dedicated your child to God? If not, write out the prayer of dedication found at the top of page 28 in the book. If you have already dedicated your child to God in the past, write out the prayer of rededication to God that is found in the first indented paragraph on page 28. Add your own words as you would like.

3. Do you trust God enough to release your adult child (children) into His hands? If so, write out a prayer doing exactly that. If not, write out a prayer telling God how you feel about doing that and why.

4. Read the following Scriptures in your Bible. What do the promises of God contained within these verses mean to you as a praying parent of an adult child? Write your answer in the space below.

1 John 5:14-15

Matthew 7:7-8

Ephesians 3:20-21

Colossians 4:12

5. Pray out loud the prayer on page 31 in the book. Do you have any specifics in mind about yourself as a parent and your relationship with each of your adult children that you want God to hear from your heart? Write out your answer as a prayer to the Lord.

6. Read Luke 11:11-13. In the two verses prior to verses 11-13, Jesus makes it clear that God wants us to keep praying—that is, keep “asking,” “seeking,” and “knocking.” And the reason He does is because He wants to give good gifts to His children. If earthly fathers give good gifts to their children, how much more will our heavenly Father

give good things to us—*His* children—when we ask Him? What is the gift mentioned here in verse 13 that is the greatest gift our heavenly Father will give us when we ask?

How much would you do for your adult children if they asked you to do something for them? Do you believe that *God* would do as much for them? Would He do as much for you?

7. Read Acts 1:8 in your Bible. What does an outpouring of the Holy Spirit bring into your life?

God wants to give His power to those who seek it in their lives. He wants to share His power with us so it is released into situations and lives when we ask for it in prayer. God wants you to invite Him to work in power in your adult children's lives. How would you especially like to see the power of the Holy Spirit move in your adult children's lives today?

8. Read Acts 2:38-39 in your Bible. What is the requirement that must be fulfilled before receiving the gift of the Holy Spirit?

To whom was this promise made? Does that include you and your adult children?

9. Read the following Scriptures in your Bible, and beside each one write down what gift the Holy Spirit can bring to your adult child's life.

John 16:13

Luke 12:12

Acts 4:31

Romans 15:13

1 Corinthians 12:3

John 14:26

Romans 5:5

John 15:26

10. Pray out loud the prayer on pages 40-41 in the book. What other requests would you like to include in this prayer? Write them below.

WEEK TWO



Read Chapter 2: “Pray That Your Adult Children Will
Develop a Heart for God, His Word, and His Ways”
from THE POWER OF PRAYING FOR YOUR ADULT
CHILDREN

1. Read the following Scriptures in your Bible. According to each verse, why is it important for your adult child to have a relationship with the Lord? Write your answers in the space below.

Acts 3:19

Acts 4:12

2 Corinthians 5:17

2 Peter 3:9

John 1:12

John 10:9

Write out a prayer asking God to draw your adult child to Himself to either begin a relationship with Him (if your adult child does not know the Lord), or to renew and *deepen* an existing relationship with the Lord (if your adult child has already received the Lord).

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2. Read 2 Chronicles 16:9 in your Bible. What blessing does God have for those who have a heart for Him?

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3. Read James 4:8. What does God promise those who draw near to Him with their hearts?

Write out a prayer for your adult children that they will draw near to God so that He will be near to them.

4. Read John 16:7-8 in your Bible. According to these verses, how can we live the way we are supposed to? (Jesus is

referring to the Holy Spirit here as our Helper.)

Read Romans 8:5-10. In light of this section of Scripture, how are we supposed to live? How, then, should you pray for your adult child to live?

5. Read the Scriptures below in your Bible. According to these verses, why does your adult child need to have a heart for God's Word?

John 15:7-8

Psalm 19:7-11

Proverbs 13:13-14

In light of these Scriptures, how could you pray for your adult children? Write out your answer as a prayer using some of the words from the verses above.

6. According to the Scriptures below, why does your adult child need to have the fear of God in his or her heart?

Proverbs 19:23

Psalm 145:19

Psalm 25:14

Proverbs 29:25

Proverbs 1:28-29

Psalm 34:9-10

Proverbs 22:4

Proverbs 16:6

Keeping the Scriptures above in mind, write out a prayer for your adult children asking God to put the fear of the Lord in their hearts. (For example, “Lord, I pray that (names of adult children) will have the fear of the Lord and a reverence for You so that they will not be visited with evil...”)

7. In light of the following Scriptures, in what ways could you

pray in order to affect the state of your adult child's heart? Write out your answer as a short prayer under each reference. (For example, "Lord, I pray that You would give (name of adult child) a heart that can receive correction...")

Jeremiah 5:3-4

Matthew 22:37

John 7:38

Matthew 6:21

Psalm 119:2

Joel 2:12-13

Proverbs 19:3

8. Read Proverbs 28:9 in your Bible. In light of this verse, why

is it important for your adult children to live by God's rules?

How, then, should you pray for your adult children? Write out your answer as a prayer for them.

9. What are three things the Lord has done in *your* life that you could relate to your adult children in a way that would be an encouragement to them and strengthen their faith to believe that God could do great things for *them* as well? In these three examples, include one from the past, one that has happened more recently, and at least one that involves them. Keep in mind that this doesn't have to be perfectly written. These are just notes for you to have when the time is right to share these things with your adult children and they are open to hearing you relate the story. Tell them the great things He has done for *you*, and

how He has *changed* you, and *provided* for you, and *set you free*, and how He is *leading* you today. Be specific.

An example of the Lord's goodness to me that happened in my past is...

An example of the Lord's goodness to me that happened more recently is...

An example of the Lord's goodness regarding answers to

prayer for my adult children is...

10. Pray out loud the prayer on pages 55-56 in the book. What are some specifics you can think of in light of the Scriptures you studied in this chapter—and what your adult child is going through in his or her life—that you would like to include in your prayer? Write them below.

WEEK THREE



Read Chapter 3: “Pray That Your Adult Children Will Grow in Wisdom, Discernment, and Revelation” from THE POWER OF PRAYING FOR YOUR ADULT CHILDREN

1. According to the title of this chapter, what are the three things we must pray that our adult children have?

1.

2.

3.

According to the first indented paragraph on page 60 from the book, list the seven reasons why we must continue to pray for those things to be active in their minds and hearts.

1. It can keep them from being at

2. It can prevent them from

3. It can keep them from either trusting the _____

or failing to trust the

4. It can help them to choose a

5. It can enable them to foresee

6. It can give them a sense of

7. It can keep them out of

and

2. Read James 1:5 in your Bible. How do we gain wisdom?

What will God do in response?

Do you believe you can ask God for an outpouring of the Spirit of wisdom on your adult children and expect to see God answer that prayer? Why or why not?

3. Read the following Scriptures in your Bible. In light of each verse, how can a person gain wisdom?

Proverbs 9:10

Proverbs 22:17

Proverbs 2:7

Proverbs 11:2

4. Read the following Scriptures in your Bible. What are the advantages of having wisdom?

Proverbs 2:10-12

Proverbs 3:21-23

Proverbs 3:7-8

Proverbs 3:13-18

Proverbs 9:10-11

Proverbs 29:3

5. Read Proverbs 2:1-6. What are we supposed to do? What happens when we do those things?

Write out a prayer asking God to help your adult children do those things. (For example, “Lord, I pray that You will help (name of adult child) to receive Your Word and treasure Your commands and...”)

6. Read the Scriptures below in your Bible. How does each verse inspire you to pray for your adult children? Write out your answer as a prayer below each section of Scripture.

Colossians 1:9-10

Proverbs 29:20

7. The opposite of wisdom is foolishness. The opposite of a “wise person” is a “fool.” Read Proverbs 19:3. In light of this verse, what is foolish for anyone to do?

Do you ever feel that your adult child is mad at God for anything that has happened—or has *not* happened? If so, write out a prayer asking God to help your adult child have the wisdom to see how foolish it is to “fret against the Lord.” If not, write out a prayer for your adult child to always have the wisdom to not blame God when difficult things happen, but rather to take all concerns to God in prayer.

8. Read Philippians 1:9-11 in your Bible. How does this section of Scripture inspire you to pray for your adult children? Write out a prayer for them using words from these verses in it. (For example, “Lord, I pray that (name of child) will abound in love and discernment so that she (he)...”)

9. Read Ephesians 1:15-21 in your Bible. What are the things Paul prays for the Ephesians in these verses that you would like to pray for your adult children? Write out your answer below as your own prayer for them.

10. Pray out loud the prayer on pages 71-72 in the book. What are some ways in which you know your adult children especially need wisdom, discernment, or revelation from God?

WEEK FOUR



Read Chapter 4: “Pray That Your Adult Children Will Find Freedom, Restoration, and Wholeness” from THE POWER OF PRAYING FOR YOUR ADULT CHILDREN

1. Read the following Scriptures in your Bible and answer the question next to each one.

2 Corinthians 3:17: Where is liberty found?

Romans 8:9: What determines whether we walk in the flesh or in the spirit?

Romans 8:2: What has Jesus done for us?

Galatians 5:13: What have we been called to and why?

John 8:36: How certain is our freedom in Christ?

2. Read John 8:31-32 in your Bible. If liberty is a way of life that God wants us to walk in, how can we walk in that freedom Christ has for us?

3. Read Galatians 5:1 in your Bible. How do we stay free once we have been liberated from bondage?

Write this verse out as a prayer for your adult child. (For example, “Lord, I pray that You would help (name of adult child) to be able to stand strong in...”)

4. Read Proverbs 28:26 in your Bible. To whom does God bring deliverance?

5. Read Luke 4:18-19 in your Bible. According to verse 18, who needs to be set at liberty?

Can you sense any kind of oppression in your adult child's life? In your life? If so, write out a prayer asking God to deliver you or your adult child from it. If not, write out a prayer asking God to keep you and your adult children free from any oppression that the enemy of your soul would try to put on you.

6. Read Psalm 91:14-16. What are the promises of the Lord in these verses and whom are they for?

Write these verses out as a prayer for your adult children. (For example, “Lord, I pray that (name of adult child) will set his (her) love on You so that You will deliver him (her). And when he (she) calls on Your name, I pray You will...”)

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7. Read Exodus 20:3-6 in your Bible. Write out a prayer asking God to show you if there is any place in your heart where you have an image in your mind of who your adult children should be or what they should do that is not in alignment with God's will for their lives. (I know this is a hard prayer because we all want the best for our children, but we need to hear from God about this so that we always pray in alignment with His will.)

Do you believe your adult child has an image in his (her) mind of what he (she) needs to live up to that is not of the Lord? If so, write out a prayer asking God to set your adult child free of that. If not, write out a prayer asking God to keep your adult child from ever pursuing something that is not God's will for his (her) life.

8. Is there anything in your life from which you would like the Lord to liberate you? If so, write out a prayer asking God to set you free of it now. If not, write out a prayer asking God to show you if there is anything in your life you need to be free of, and then write down anything He shows you.

9. Can you think of anything in your adult children's lives you want them to be free of? If so, write out a prayer asking God to set them free from those things. If you can't think of anything you believe they need to be free of, write out

a prayer asking God to reveal to you anything you are not seeing about what your adult children need to be free of, or anything they are accepting as inevitable that they don't have to put up with in their lives.

10. Pray out loud the prayer on pages 87-88 in the book. What other thoughts would you like to include that pertain to your adult children's freedom, restoration, and wholeness? Write them out as a prayer below.

WEEK FIVE



Read Chapter 5: “Pray That Your Adult Children Will Understand God’s Purpose for Their Lives” from THE POWER OF PRAYING FOR YOUR ADULT CHILDREN

1. Do you feel that each of your adult children has a sense of purpose about his or her life? Explain what you see and how you feel you need to pray. What do you hope God will do in response to your prayers for each adult child?

2. Read Ephesians 4:1 in your Bible. Do you feel that your adult child is headed in the right direction in her (his) life? Do

you feel that she (he) is living up to her (his) full potential? Do you believe she (he) is fulfilling the calling God has on her (his) life? Explain.

Write out a prayer asking God to always keep your adult child headed in the right direction, living up to her (his) full potential, and fulfilling the calling God has on her (his) life. (For example, “Lord, I pray that You would help (name of adult child) to walk worthy of the calling...”)

3. Read Romans 8:30 in your Bible. Do you feel that each of your adult children has a sense of being predestined and

called? Why or why not?

Write out this verse as a prayer for each of your adult children.
(For example, “Lord, I pray that You would help (name of adult child) to understand and believe that she (he) has been predestined and...”)

4. Do you have a sense of who God created each of your adult children to be? If so, explain. If not, write out a prayer asking God to give you that vision for each child and show you how to pray about it.

Write out a prayer asking God to help each of your adult children become all God created them to be.

5. Read 2 Timothy 1:8-10. According to verse 9, what has God done for us?

6. Read Ephesians 1:16-19 in your Bible. After reading these verses, how do you feel inspired to pray for your adult children? Write out a prayer below. (For example, “Lord, I give thanks to You for (names of adult children) and pray that You will give them the Spirit of wisdom and...”)

7. Read 1 John 3:2 in your Bible. We may not know the specifics of what we will be, but we do know that our ultimate destiny is to become conformed to whose image?

Write out a prayer asking God to help your adult children to become more like Him every day.

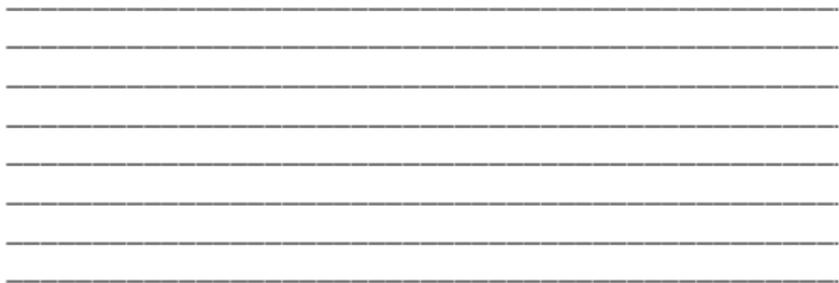
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8. Read Psalm 20:4 in your Bible. Write this verse out as a prayer for your adult children. What specific heart's desire does each of your adult children have that you know of? Include those desires in your prayer. Do you feel that the desires of each adult child's heart line up with the purpose of God for his or her life? If not, ask God to cause your adult child's heart's desire to line up with God's will for his or her life. If so, ask God to keep that alignment in perfect balance in his or her future.

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9. Read Romans 11:29 in your Bible. According to this verse, God does not cancel or revoke the gifts He has given us or the calling He has on our lives. Have your adult children ever been discouraged by setbacks that have happened to them while trying to move into what they believe was the purpose God had for their lives? Have

those setbacks caused them to doubt what they thought was their calling or purpose? Explain.

Write out a prayer asking God to protect your adult children from discouragement or doubt with regard to moving toward their calling and purpose.

10. Pray out loud the prayer on pages 100-101 in the book. Write down any specifics you can think of with regard to your adult children's purpose, direction, and calling in life.



WEEK SIX



Read Chapter 6: “Pray That Your Adult Children Will Work Successfully and Have Financial Stability” from THE POWER OF PRAYING FOR YOUR ADULT CHILDREN

1. What are your greatest concerns with regard to your adult child’s work and finances? What do you believe are your adult child’s greatest concerns or needs in those areas?

2. Read Isaiah 65:22 and Ecclesiastes 3:13 in your Bible. In light of what these two verses say about our work, how could you pray for your adult child? Write out your answer as a

prayer to the Lord. (For example, “Lord, I pray that (name of adult child) will never find herself working without anything to show for it...”)

3. Read the following Scriptures in your Bible and write a short prayer below each one that is inspired by that Scripture. (For example, “Lord, I pray that my son (daughter, children) will never give place to laziness...”)

Ecclesiastes 10:18

Proverbs 1:19

Proverbs 13:4

Proverbs 12:24

Proverbs 21:25

Proverbs 23:21

Ecclesiastes 5:19

4. Read Luke 12:29-31 in your Bible. How do these verses

inspire you to pray? Write out a prayer for your adult child with regard to his or her work in light of these Scriptures. (For example, “Lord, I pray that (name of child) will not be anxious about...”)

5. Read Proverbs 16:3 and Colossians 3:23 in your Bible. What do these verses have in common, and how do they inspire you to pray for your adult children? Write out your answers as a prayer. (For example, “Lord, I pray that (name of adult child) will commit his (her) work to You so that...”)

6. Read Proverbs 22:29 in your Bible. What is the promise for your adult child in this verse? Write out a prayer for him (her) that is inspired by this verse and your answer to

that question.

7. Read the following Scriptures in your Bible. What does each one speak to you with regard to your adult child's financial situation? Write a prayer for each of your adult children inspired by each Scripture. (For example, "Lord, I pray that (name of adult child) will always seek You so that he (she) will not...")

Psalm 34:10

Matthew 6:21

Psalm 41:1-2

Proverbs 28:27

8. Read Philippians 4:19 in your Bible. Do you believe this verse is true for you? Do you think your adult children believe this for themselves? Write out a prayer asking God to help you and each of your adult children to take God at His Word and believe this Scripture wholeheartedly.
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9. Read Malachi 3:10. Do you believe your adult children find it

easy or difficult to give money to the Lord? Write out your answer as a prayer asking God to help each of your adult children to be givers to the Lord in the way He requires, so that there will be abundant blessings for them. Pray specifically about any ways that they find giving difficult and what you believe the reason is for that.

10. Pray out loud the prayer on pages 114-115 in the book. What specifics regarding your adult children's work or finances would you like to include in your prayers? Write those down below so you will remember to pray about them.

WEEK SEVEN



Read Chapter 7: “Pray That Your Adult Children Will Have a Sound Mind and a Right Attitude” from THE POWER OF PRAYING FOR YOUR ADULT CHILDREN

1. What are three things that are true about the mind of a believer? (See page 120 in the book.) Write your answers below, and then below each response write out a prayer for your adult children inspired by that truth.

The first truth is that God gives each of us

I pray that God will give each of my adult children

The second truth is that the enemy wants to

I pray that the enemy will not be able to _____

The third truth is that we have a

I pray that my adult child (children) will make the right choice about

2. Read the following Scriptures in your Bible. What does each one say about fear? Write the answers in your own words. Then below that write a prayer for your adult child based on that Scripture.

2

Timothy

1:7

In light of this Scripture, I pray for my adult children that

1 John 4:18

In light of this Scripture, I pray for my adult children that

Psalm 27:1

In light of this Scripture, I pray for my adult children that

Isaiah 41:10

In light of this Scripture, I pray for my adult children that

3. Read the following Scriptures in your Bible. In light of each verse, what would be the reason to pray for your adult children to have the fear of the Lord? Write out your answer as a prayer to God for them. (For example, “I pray for (name of adult child) to have the fear of God so that she (he) will...”)

Psalm 103:17

Psalm 145:19

Proverbs 14:26

Proverbs 19:23

2 Kings 17:39

Psalm 33:18

Proverbs 16:6

Psalm 25:14

Psalm 34:9-10

Proverbs 22:4

Psalm 34:7

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4. Read Hebrews 4:12 in your Bible. In light of this verse, why is it important to pray for your adult children to be attracted to reading God's Word?

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5. Read Romans 8:6 in your Bible. In light of this verse, how could you pray for your adult child? Write it out as a prayer. (For example, "Lord, I pray that (name of adult child) will not be carnally minded...")

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6. Do you ever observe negative emotions in your adult child that you would like to see him or her free of? If so, write out a prayer asking God to bring freedom in that area. If not, write out a prayer asking God to keep your adult

child from being controlled by negative emotions such as depression, anxiety, pride, fear, anger, or self-pity in the future.

7. Read Romans 12:2 in your Bible. In what ways do you see your adult child conforming to the world? In what ways would you like to see him or her transformed? Write out your answers to these questions as a prayer for your adult child. (For example, “Lord, I pray that (name of adult child) will not be conformed to this world...”) Include specifics in your prayer that relate to each of your adult children.

8. Is your adult child experiencing any torment of the soul that you know of? Is he (she) believing any lies in his (her) mind? Is his (her) attitude more negative than positive? Does he (she) have any mind-set or belief that you feel is wrong or ungodly? If you answered yes to any of these questions, write out a prayer asking God to set your adult child free of all torment and lies of the enemy, and any wrong attitudes, mind-sets, or beliefs. If you answered no to every question, write out a prayer asking God to show you if your adult child is struggling with any negative emotions. Write down what He shows you.

9. Read Psalm 145:4 in your Bible. Can you think of ways God has set you free from a wrong attitude or belief, a lie of the enemy to your mind, a negative emotion, or a torment of your soul? If so, write them out below so that you can relate them to your adult children. If you can't think of anything like that, write out a prayer asking God to bring to your mind all the ways He has set your mind and emotions free. Write down what He shows you.

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10. Pray out loud the prayer on pages 128-130 in the book. Are there any specifics you want to include with regard to your adult child's mind, emotions, or attitude? Write them below.

WEEK EIGHT



Read Chapter 8: “Pray That Your Adult Children Will Resist Evil Influences and Destructive Behavior” from
THE POWER OF PRAYING FOR YOUR ADULT CHILDREN

1. As I have traveled the country over, I have seen parents in all walks of life dealing with adult children who have fallen under evil influences. And I am talking about children who were raised in believing families in the church. How much more so is it with adult children who have not had godly training or influences in their lives? It is epidemic. In this chapter I want to give you the ammunition you need to rise up in faith and pray in power so your adult children can withstand this assault of evil. Look up each of the Scriptures below in your Bible. What encouragement do these verses speak to your heart with regard to praying for your adult children?

Proverbs 3:5-6

2 Corinthians 10:4

Psalm 18:2

John 14:13-14

2. If you see your adult child heading down an evil and destructive path, this is not the time to sit by and let them fall into a pit so they can learn a hard lesson. That was for when they were younger and you still had some control over how far they would fall. At this stage in life, the stakes are too high. There is an evil force trying to mold both our young children and our adult children into its image. The enemy has set up a trap to destroy them, but

God has given you the power in prayer to see them set free.

Read the following Scriptures in your Bible. If you ever feel your adult child is being affected by bad influences or drawn to destructive behavior of any kind, how could you pray in light of these verses? Write out your answer as a prayer below each section of Scripture. (For example, “Lord, I pray that You would...”)

Isaiah 54:13

Luke 22:31-32

Luke 22:40

John 17:15

Psalm 97:10

3. Do you ever feel your adult child has been taken captive by someone or something? Read the following Scriptures and answer the following questions. What do you see as an encouragement to you in each verse and how does that affect your prayers for your adult child? Write out your answer as a prayer for your adult child. (For example, “Lord, I thank You that You can cause the captives to return to You. I pray that You will cause (name of adult child) to return to You and...”)

Jeremiah 32:44

Psalm 32:7

Psalm 18:48

Psalm 37:39-40

Jeremiah 46:27

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4. Read Proverbs 3:11-12 in your Bible. Do you feel your adult child is experiencing any consequences in his or her life because of evil influences or destructive behavior? In light of these verses, do you believe God may have allowed certain things to happen in your adult child's life as a means of correction? Write out a prayer below asking God to show you, whenever your adult child goes through difficult times, whether this is something God is allowing in order to grow him or her up in the things of God, or to correct the path he or she is on.

5. Read the “Seven Ways to Pray for Your Adult Child to Resist Evil Influences” on pages 139-140 in the book. In light of these verses, how could you pray for your adult child? Write out your answer as a prayer. (For example, “Lord, I pray that (name of adult child) will have eyes to see the truth. Don't allow her (him) to be blinded by the god of this world...”)

Isaiah

30:21

Proverbs

2:10-12

Jeremiah

36:3

Ephesians

6:12

Psalm

6:6-9

Psalm

107:20-22

6. What is the promise in each of the Scriptures below that gives you hope for your adult child's life as well as your own? Why do you especially need that hope for each child?

2 Corinthians 1:9-11

Romans 8:28

Psalm 30:5

2 Chronicles 16:9

7. Read Zechariah 4:6. What was the word of the Lord to Zerubbabel about the rebuilding of God's temple? What did God want Zerubbabel to know about how it would be built?
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Read the following verse, Zechariah 4:7. What did God promise would happen to the obstacle (mighty mountains) facing Zerubbabel? _____

The capstone of a building is the highest stone in a building, the top stone, peak, pinnacle, high point, or crowning point in a structure. What did the Lord instruct Zerubbabel to shout to the capstone he would bring forth?

What obstacles do you see in your adult child's life that are limiting what you believe God wants to do in her (his) life? Write them out below and add a declaration of "grace" to each one. (For example, "Lord, I speak grace to my daughter's destructive habit of...")

8. Read Jeremiah 31:16-17 in your Bible. What is the promise from God in this section of Scripture regarding your hard work in prayer for your adult children? How do these verses encourage you?

We can weep in *prayer* for our adult children, but we don't have to weep in *despair*. Whether your adult child has walked away from God and from the way she (he) was raised or not, write out a prayer below—inspired by the promise in these verses—that is intended to either *bring your adult child back* to God and His ways, or to *prevent her (him) from ever straying* from the Lord and His ways. Don't forget to give thanks and praise to God for that promise for your adult children. If God brought those children He spoke of in the Bible back to their borders, how much more does He want to bring *your* children back to their proper place? God is the same yesterday, today, and forever.

Read Psalm 126:5-6 in your Bible. In light of these verses, when we sow seeds in passionate prayer and have watered them with our tears of pain, grief, and yearning, what will happen?

Write out a prayer to God about all the great things you want to see happen in each of your adult children. Then thank Him that one day you will rejoice over seeing the answers to your prayers manifested.

9. Read 1 Samuel 12:23 in your Bible. Even when the Israelites had done wrong and rejected God's ways, God did not turn His back on them. He essentially said, "They have rejected Me, but I am not giving up on them." We cannot turn our backs on our adult children, either. We may have to separate ourselves from their lifestyle choices so as not to pollute our home and negatively affect other family members, but we cannot give up. We may be tempted to stop praying for an adult child who has behaved terribly, but that is what the enemy wants and what God *doesn't* want. We can't let our heart lose touch with God's heart for that adult child. We have to continue to pray through every situation until we feel released in our spirit to stop.

We can't always see the answer to each prayer, but God works through them for His purposes. Even if you are praying and you see nothing happening, or you see things getting worse, or you see even greater rebellion, don't stop praying. Samuel said he would not stop praying for God's people. According to Samuel's words, what have we done when we stop praying?

Do you ever feel like giving up and not praying for any one of your adult children because you have waited such a long time without an answer to your prayers? If so, write out a prayer to God confessing that to Him and asking Him to give you renewed hope in His power to work a miracle in your adult child's life. If not, write out a prayer thanking God for your faith in His Word and the hope He has given you. Ask Him to keep you from ever getting to the point of wanting to stop praying for any reason.

10. Pray out loud the prayer on pages 150-152 in the book. Are there any other specifics you can think of with regard to how your adult child may face evil influences, or how he or she may struggle to resist behavior that is destructive? List those below and include them in your prayers.

WEEK NINE



Read Chapter 9: “Pray That Your Adult Children Will Avoid All Sexual Pollution and Temptation” from THE POWER OF PRAYING FOR YOUR ADULT CHILDREN

1. Read Psalm 24:3-5 in your Bible. What are the qualifications we must have in order to get close to God?

Write out these verses as a prayer for your adult children. (For example, “Lord, I pray that (name of adult child) will stand in the holiness of Your presence because he (she) has clean hands and...”)

2. Read Psalm 119:9-11 in your Bible. How do you feel your adult children relate to the Word of God? (For example, with faith, apathy, devotion, etc.) Does the Bible have a great influence on them or not so much?

Write out these verses as a prayer for your adult children and ask God to give them a greater commitment to reading and obeying His Word. (For example, “Lord, I pray that (name of adult child) will cleanse his (her) ways by living according to Your Word. I pray that he (she) will seek You with his (her) whole heart...”)

3. Read Matthew 5:28-29 in your Bible. Are you aware of anything specific in your adult child’s life that is inviting sexual pollution or giving a place to sexual sin? (For example, videos, DVDs, music, films, Internet sites, television programs, certain people, etc.) If so, write out a

prayer asking God to remove all that from his (her) life. If not, ask God to show you any specific danger or threat to your adult child's purity before the Lord that needs to be addressed in prayer.

4. Read the following Scriptures in your Bible. What does each one speak to you about your adult child? Write your answers as a prayer for him or her. (For example, "Lord, I pray that You will help (name of adult child) to walk quickly away from all temptation and lust...")

2 Timothy 2:22

Psalm 139:23-24

Proverbs 4:26-27

Proverbs 11:20

Romans 8:8

5. Read Ezekiel 14:6 and Proverbs 27:12 in your Bible. In light of

these two verses, what do we all need to do with regard to sexual pollution?

Write out a prayer for your adult children inspired by these verses. (For example, “Lord, I pray that You would help (name of adult children) to turn away from any idols and keep their eyes from looking at...”)

6. Read Proverbs 2:10-12 in your Bible. What are six things to pray about for your adult children in those verses? Write them out as a prayer. (For example, “Lord, I pray that (name of adult child) will have wisdom, and that her (his) heart will be open to receiving godly wisdom from You.”)

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7. Read Galatians 5:16, 1 Peter 2:11, and 1 Peter 4:2. What is the common theme in these Scriptures?

Write out a prayer for your adult children that is inspired by these Scriptures and ask God to set them free from all lust.

8. Read Mark 11:22-24 in your Bible. There is a mountain of perversion and sexual pollution standing as an obstacle against our adult children, and they have to learn to navigate around it. How do the above verses encourage you when praying for your adult children with regard to these issues?

9. What are your greatest fears or concerns for each one of your adult children with regard to sexual pollution or impurity? Write out your answer in a prayer to God, asking Him to protect each one of your adult children

from those dangers. (For example, sexual purity, sexual molestation, sexually transmitted diseases, infidelity, out-of-wedlock pregnancy, etc.)

10. Pray out loud the prayer on pages 163-164 in the book. Are there any specifics with regard to your adult children and their exposure to sexual pollution that you want to remember to cover in prayer? Write them down below so they will be a reminder to you.

WEEK TEN



Read Chapter 10: “Pray That Your Adult Children Will Experience Good Health and God’s Healing” from THE POWER OF PRAYING FOR YOUR ADULT CHILDREN

1. Read the following Scriptures in your Bible. What was found in each of these people whom Jesus healed that contributed to their healing?

Mark 5:34

Mark 10:52

Luke 17:19

In light of these verses, what would be the most important thing to pray for with regard to your adult children’s

healing? Write out your answer as a prayer for them.

2. Read Psalm 103:2-4 in your Bible. What are the four things to be thankful to God for that are listed in these verses? Write out your answer as a prayer of praise and thanksgiving to God. (For example, “Lord, I praise You and thank You that You forgive all...”)

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2.

3.

4.

Write out another prayer, this time for your adult children inspired by this section of Scripture. (For example, “Lord, I praise You that You are the God who forgives (name of adult child) of all her (his) sins...”)

1.

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4.

3. Read the Scriptures below. What is the specific promise God makes in each one?

Exodus

15:26

Jeremiah

30:17

Malachi

4:2

4. Read James 5:14-15 in your Bible. What are you supposed to do for someone who is sick?

What will happen when you do those things? _____

5. Read the following Scriptures in your Bible. In each case, how did healing come about?

Psalm

107:20

John

4:46-53

Luke

4:38-39

Luke

13:10-13

6. Read the following Scriptures in your Bible. In light of these verses, how could someone extend their lives?

Ecclesiastes 7:17

Isaiah 38:1-6

Psalm 21:4

Write out a prayer inspired by these Scriptures asking God to give your adult children a long and healthy life. Pray that they will never do anything “foolish” or “wicked” that will shorten or destroy their lives in any way.

7. Are there any specific areas of your adult child's health that especially concern you? Write out all your concerns as a

prayer to God. List them specifically and tell Him what you want Him to do in response to your prayer.

8. Does your adult child have any health habits—or lack of—that you feel could damage her (his) health in the future if they are not changed? What do you believe she (he) should be doing that is not happening right now? What do you believe she (he) should *stop* doing in order to stay healthy? Write out your answers as a prayer to God. Be specific about your concerns and ask God to enable your adult child to change her (his) ways.

9. Read 1 Corinthians 6:19-20 in your Bible. Do you believe that your adult child understands that her (his) body is a

temple of the Holy Spirit? Does she (he) honor that gift from God with the way she (he) treats her (his) body? Is there anything you would like to see happen differently? Explain.

Write out a prayer for your adult children inspired by these verses. (For example, “Lord, I pray that (name of adult child) will truly understand that her (his) body is the...”)

10. Pray out loud the prayer on pages 178-179 in this book. What other concerns come to mind with regard to your adult children’s health and healing? List them below as a

reminder to pray about them.

2. Read the following Scriptures in your Bible. In light of each one, what are the important qualities to have in order to grow a strong solid relationship that has marriage potential, keeps a marriage together and strong, or helps someone to find reconciliation and healing in a troubled marriage?

1 Corinthians 13:1-3

Mark 11:25

Philippians 2:1-2

1 Peter 5:5

3. In light of the four sections of Scripture in question 2, how could you pray for your adult children? What qualities should you pray for them to have? Write out your answers as a prayer to God.

4. Read James 1:19-20 in your Bible. In light of these verses, how could you pray for your adult children with regard to growing a relationship that has marriage potential, creating a strong marriage, or repairing a marriage that has been damaged? Write out your answer as a prayer to God.

5. Read 2 Corinthians 6:14 in your Bible. In light of this verse, what is the most important thing to pray about with regard to your adult child's mate (or future mate)?

Write out a prayer asking God to help your adult child to be married to a strong believer. If he (she) is already married to an unbeliever, pray that his (her) spouse will come to know the Lord and become a strong believer. If your adult child is already married to a strong believer, pray that they both will continue to grow together in the Lord.

6. Read Galatians 5:22-23 in your Bible. How are these fruits of the Spirit manifesting in your adult child? How are they manifesting in your adult child's mate? If your adult child is not married, how would you like to see them manifest in his (her) future mate? Write out your answer as a prayer to God, listing each fruit of the Spirit specifically. (For example, "Lord, I pray that in (name of adult child) I would see more love, joy, and peace...")

7. Read the following Scriptures in your Bible. What does each verse suggest your adult child needs to be as a parent? Write out your answer as a prayer asking God to help your adult child become that kind of parent. (For example, “Lord, I pray that (name of adult child) will always see his (her) children as a gift from God and...”)

Psalm 127:3

Proverbs 20:7

Ephesians 6:4

What is important for you to do as an intercessor for your
adult children?

What does Jesus promise will happen when you do that?

How is that an encouragement for you when you have been
praying for a long time without seeing an answer to your
prayers?

What prayers have you prayed for a long time without seeing
an answer? How do you feel about that? Are you
discouraged or at peace or somewhere in between?

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10. Pray out loud the prayer on pages 192-193 in the book. What other specifics do you want to remember to pray about with regard your adult child's marriage and children? Write them below so you won't forget to include them in your prayers.

WEEK TWELVE



Read Chapter 12: “Pray That Your Adult Children Will Maintain Strong and Fulfilling Relationships” from THE POWER OF PRAYING FOR YOUR ADULT CHILDREN

1. Read the following Scriptures in your Bible. What is the main thought in each one? Write out each answer as a prayer for your adult children. (For example, “Lord, I pray that (name of adult child) will walk with wise people so that...”)

Proverbs 13:20

Psalm 119:63

2. Read the following Scriptures in your Bible. What do they all have in common? Write out a prayer beside each one inspired by that verse. (For example, “Lord, I pray that (name of adult child) will have good relationships that are free of all bitterness, wrath, anger...”)

Ephesians 4:31-32

Matthew 6:15

Colossians 3:12-13

Mark 11:25

1 John 2:11

Luke 17:3-4

Luke 6:37

What one thing do all of these Scriptures have in common?

3. Read Hebrews 12:14-15 in your Bible. In light of these verses, how could you pray for your adult child with regard to his or her relationships? Write out your answer as a prayer. (For example, “Lord, I pray that (name of adult child) will be able to pursue peace in every relationship she (he) has...”)

4. Do you feel that your adult child finds it easy to have good, strong, and lasting relationships, or does she (he) struggle in that area? If your adult child never has a problem in any relationship, write out a prayer asking God to help him (her) continue in that way. If she (he) does struggle in that area, ask God to make changes in her (his) ability to connect well with good people.

5. List below what you believe to be the ten most important relationships in your adult child's life. (For example, father, mother, brother, sister, aunt, uncle, grandfather, grandmother, wife, husband, children, friend, coworker, etc.) Next to each one, write a prayer regarding what you would like to see happen in that relationship.

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6. Are there any relationships in your adult child's life that you believe are detrimental, outside the will of God,

destructive, or holding her (him) back from all God has for her (him)? Write out a prayer asking God to take anyone who is a contributor to that kind of destructive relationship out of your adult child's life. Include any specifics as you feel led. Ask God for His perfect will to be done with regard to that relationship.

7. Read 2 Corinthians 6:14-15 in your Bible. In light of these verses, what is the most important thing that all relationships should have?

Do you feel that the people who comprise the most important relationships in your adult child's life are strong believers? Can you think of anyone in your adult child's life who is not a strong believer? Write out your answer as a prayer for the salvation of anyone in your adult child's close circle of family, friends, and coworkers who

are not believers. Bring them by name before the Lord and ask that their eyes be opened to the truth.

8. Read Proverbs 12:26 in your Bible. In light of this Scripture, how should you pray for your adult children's friendships and why?

9. Read Ephesians 6:2-3 in your Bible. Do you believe that each of your adult children honor you? Explain your answer.

Do you believe your adult children honor their other parent?

Since the condition of the parental relationship affects the length and quality of your adult child's life, write out a prayer asking God to help your adult child to always honor you, and her (his) other parent as well, so that she (he) will have a long and prosperous life according to God's Word.

10. Pray out loud the prayer on pages 203-204 in the book. Are there any specifics you want to remember to pray about with regard to your adult children's relationships? Write

them below.

WEEK THIRTEEN



Read Chapter 13: “Pray That Your Adult Children Will Be Protected and Survive Tough Times” from THE POWER OF PRAYING FOR YOUR ADULT CHILDREN

1. Read the Scriptures below in your Bible. Beside each one, answer the following questions: How do these verses encourage you? How could you use these verses in a prayer for your adult children? Write out your answers as a prayer. (For example, “Lord, I pray that You will be a refuge and a strength for (name of adult child)...”)

Psalm 46:1-2

I am encouraged by these verses because _____

The way these verses inspire me to pray is: _____

Psalm 103:2-4

I am encouraged by these verses because _____

The way these verses inspires me to pray is: _____

Psalm 27:1

I am encouraged by this verse because

The way this verse inspires me to pray is: _____

Proverbs 2:6-8

I am encouraged by these verses because _____

The way these verses inspire me to pray is: _____

Psalm 91:2-3

I am encouraged by these verses because _____

The way these verses inspire me to pray is: _____

2. Read the Scriptures below in your Bible. Beside each one answer the following questions: What is the promise for you and your adult children in this verse? What do you have to do to receive the promise? In light of this verse, how should you pray for your adult children?

Proverbs 29:25

Psalm 91:1

Psalm 91:9-10

3. Read 2 Thessalonians 3:3 and reread Psalm 46:1-2 in your Bible. What is your greatest fear for your adult children?

How do these Scriptures make you feel with regard to the protection of your adult children?

Write out a prayer of protection for your adult children based on these two Scriptures. (For example, “Lord, I pray Your protection on (name each of your adult children). I thank You for the promises in Your Word that say...”)

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4. Read the following Scriptures in your Bible. Beside each one answer the following question: What is the encouragement and the promise in this section of Scripture? Write out your answer as a prayer for your adult child. (For example, “Lord, I pray for (name of adult child) and ask that You would be his (her) rock and fortress so that he (she) will stand on solid ground and always be protected...”)

Psalm 18:2-3

Psalm 34:6

5. Read Psalm 23:4 in your Bible. Why did the psalmist have no

fear?

Write out a prayer for your adult child asking God to always be with him (her) in even the most troubling of times and dangerous of places. Ask God to enable him or her to always sense His presence and hand of protection.

6. Read the following Scriptures in your Bible. What is the promise to you in each one?

Deuteronomy 31:6

Isaiah 41:10

Isaiah 41:13

Write out a prayer for your adult children based on the Scriptures above. (For example, “Lord, I pray that You will help (names of adult children) to be strong and courageous and without fear because...”)

7. Read the following Scriptures in your Bible. How does each one answer to the danger listed above them?

If something embarrassing has happened to you...

Isaiah 50:7

If you are going through troubled times...

Psalm 9:9

If you have a fear of failure...

Jude 1:24-25

When you need protection from the enemy...

Deuteronomy 33:27

8. Read the following Scriptures in your Bible. How does each one speak to the dangers of temptation that are all around your adult children? Write out your answers as a prayer. (For example, “Lord, I pray that there will be no temptation that overtakes (name of adult child) that cannot be overcome because You are faithful to...”)

1 Corinthians 10:13

2 Peter 2:9

9. Read the following Scriptures in your Bible. According to each verse, who is given protection by God?

2 Chronicles 16:9

Psalm 72:12

Psalm 145:20

Psalm 37:17

Proverbs 14:26

Isaiah 59:19

Write out a prayer of thanksgiving to God below for all of His promises of protection for you and your adult children.

10. Pray out loud the prayer on pages 221-222 in the book. What other specifics can you think of to include in your prayers for your adult children with regard to their safety?
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WEEK FOURTEEN



Read Chapter 14: “Pray That Your Adult Children Will Walk into the Future God Has for Them” from THE POWER OF PRAYING FOR YOUR ADULT CHILDREN

1. Read Jeremiah 29:11-13 in your Bible. What is the promise to you and your adult children in these verses?

What do we have to do in order to secure that promise for our lives?

Write out a prayer for your adult child based on this section of Scripture. (For example, “Lord, I thank You that Your

thoughts toward (name of adult child) are for peace and not for evil...”)

2. Read Isaiah 43:18-19 in your Bible. Are there things in your adult child's past that she (he) needs to be free of and released from so that she (he) can move into the future God has for her (him)? If so, write them out as a prayer to God based on these verses. (For example, “Lord, I pray that (name of adult child) will be able to forget every difficult thing that has happened to her (him), such as...”)

3. Read Philippians 3:13-14. This is a letter written by Paul to the Philippians. What did he do?

Write out a prayer asking God to help your adult child to do that same thing. Be specific.

4. Read the following Scriptures below in your Bible. Under each one answer the following questions: What is the promise contained in these verses? Who is the promise for?

Psalm 37:37

Proverbs 4:18

Psalm 145:18-19

5. Read the following Scriptures in your Bible. What is the promise in each one for you and your adult children? Write out a prayer for your adult children inspired by these verses and giving thanks for the promise in there. (For example, “Lord, I thank You that when we know You, we are a new creation in Christ. I pray for (name of adult child) that...”)

2 Corinthians 5:17

Ephesians 4:20-24

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6. Read Isaiah 43:19 again in your Bible. What is the new thing you would like to see the Lord do in your adult child? Write out your answer as a prayer to God.

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7. Read Jeremiah 17:7-8 in your Bible. What is the promise to us? Who is the blessing for? What do those promises symbolize to you with regard to your adult child? (For example, that he (she) will be strong and unshakable like a tree...)

Write out a prayer for your adult child asking God to open her (his) eyes to see the truth about the Lord so her (his) faith will grow and she (he) will always have hope in God.

8. Read the following Scriptures in your Bible. What does each one speak to you about the future? What should you pray that your adult child have?

Romans 5:5

Proverbs 13:12

Lamentations 3:25-26

Psalm 39:7

Psalm 33:18

Romans 15:13

Psalm 119:81

Zechariah 9:12

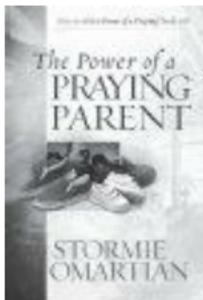
What is the one word that is common in each of the Scriptures above that we need to have?

9. Read the letter to your adult child that is found on pages 228-231 in the book. What other specific things would you like to say to each of your adult children that are not included in that prayer? What words of encouragement would you like to give each one of them specifically?

Write them out here and include them in your own letter that you will write to them.

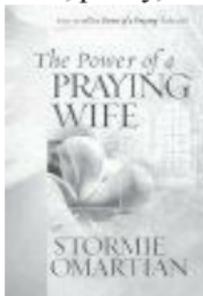
10. Pray out loud the prayer on page 232 in the book. List below some specifics you would like to see happen regarding the future of each of your adult children.

Other Books by Stormie Omartian



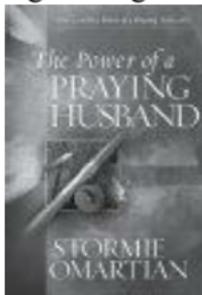
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In this revised edition of the first book in Stormie's bestselling The Power of a Praying[®] series, Stormie Omartian revisits this book for parents by adding new material from even more years of being a mom. Also, her grown-up children reflect on the way their praying parents raised them—and the difference it made. Thirty simple chapters guide parents to effectively pray for their children's safety, faith, purity, and character.



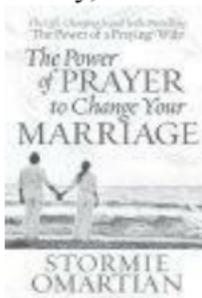
The Power of a Praying® Wife

Stormie shares how wives can develop a deeper relationship with their husbands by praying for them. Packed with practical advice on praying for specific areas, including decision-making, fears, spiritual strength, and sexuality, this book helps women discover the fulfilling marriage God intended.



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The Power of Prayer to Change Your Marriage

Stormie gives 14 ways to meet the 14 challenges to every marriage so that your marriage can last a lifetime. This is the follow-up book to her bestselling books *The Power of a Praying[®] Wife* and *The Power of a Praying[®] Husband*.

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